

Water-Clogged Ears

Commonly thought of as Swimmer's Ear*

*cannot be prevented or treated with nonprescription medications if pain, fever, or discharge are present see primary care pediatrician

Non-medicated options:

- tilting ear downward and manipulating ear to expel water
- blow-dryer on a low setting around ear (not into the ear) after swimming or bathing

Medicated options:

- Place 5 to 10 drops in the ear and leave for 1 to 2 minutes
- **Swim Ear Drops:** isopropyl alcohol 95% in anhydrous glycerin 5% (FDA approved 12yrs and older)
- **Auro-Dri, Dri Ear, Ear Dry Drops:** boric acid products
 - apply only to unbroken skin
 - *Precaution:* young children are prone to accidental ingestion leading to serious poisonings

